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Final charge

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# What if you fly?

Such a privilege to be in this school for 9 years. I am so thankful for being in this school. I want to give you a couple keys I know will really help you in your transition.

But first I want to thank my interns: God has blessed me so much with you. My revival group, my privilege to cry with you, fight for you and pastor you. You are also going to be my last revival group and intern team. I feel like God is transitioning me to something else. I am jumping off the cliff and it is this woman balancing. It is the saying: what if I fall? The answer is: but what if you fly? You won’t know until you take the leap!

It is about the perspective you have. If you choose what if I fall there is a big chance you will fall. But if you choose that you will fly, you will fly!

# Intimacy

12th year total because I have been through all 3 years. The most important thing is intimacy with the Lord. Don’t ever let that become a cliché! If you have that, fight for it, feed it, practice it, and sit in it. That is one of the most important keys for your transition.

God should be your first response to everything!

Whether you're celebrating, questioning or in pain. No matter what it is, let Him be the One you go to first. Then you avoid all codependency, becoming a victim and even if you don’t get all the answers you just need to sit with Him. God will you just come and sit with me in this moment? I want You to be my first response for everything. When you go to Him first and then people you're not coming from a place of lack.

It is so important guys! I have met with so many alumni over the years and asked.

# Working through disappointment

Your ability to work through your disappointment and pain is so important. While we encourage you to go after all the dreams you have disappointment is a part of life! You need to process your pain. Don’t try to be strong while your heart is dying. Intimacy and working through that are doing the best out there.

# Don’t be a victim

The last thing is: don’t be a victim! Do you realize that if you blame your unhappiness or pain to anyone else you're partnering with a victim mindset. Let’s think about that. How many of you have said: I am like this because of my past. Or I feel bad because this happened. But in general you are powerful! You have the choice of what you partner with, what to think about and what goes on in your head.

If you think of your thought life as a beautiful garden why do we let things come and trample flowers in our garden.

# Take every thought captive

How often don’t we sit down and rehearse that painful moment in our head? We are good at meditating. So choose what you meditate on!

The book turn on your brain. You have the power to think about what you want to think about. Scientifically it is possible, but if you add the supernatural it makes it possible! Choose to think about yourself how you really want to think. How you really want to see it. Focus on what you want to see happen!

Don’t partner with a victim mentality; I am like this because of that.

# Put in the work

You will overcome your purity issues, pain and disappointment. When you partner with intimacy, process and choosing to be powerful. Put in the hard work to do it because nobody else can do it.

Sometimes I wish I can delegate going to pee. I can delegate all these things but some things you have to get up and do it yourself. But if you could that would be amazing.

# You can thrive in every situation!

I love what Paul said; that he still has the notes. I want you to fly! Not wondering if you're going to fall! The Lord is so sweet! He says: Sarah you're my daughter, you don’t have to just survive. You can thrive! You are My daughter and you can choose to thrive in this situation!

You know what: if I end up being a dishwasher at the local restaurant I would be the best! I would choose to do it. It is always the hardest to choose when it feels the worst. But in that moment you have to hold on and keep choosing.

If you fully walk out those things, I promise you that your life will be changed!

# You are full and overflowing!

You guys are full and overflowing but stay really aware you get to choose! No matter what comes at you, you can thrive! Because you are His son and His daughter! He is the most important Person and relationship.

You are full and overflowing, you are good decision makers! I declare strength over you! God we thank you so much for Who you are and what we get to do! We choose to trust You in this next season, no matter what it looks like! Your purpose is for us to succeed!