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Not a raging sex monster

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# A man is

Unwavering confidence in the self, dedicated to family, devoted to God.

# Lies

How many predominantly Christian environment? Most of us were, charismatic world was his normal. Most of us will connect with this. Growing up, we have different views than the rest of the world. They went through the book every young man’s battle. Separate something like this and the youth pastor would talk about this protecting your sex drive.

This is a battle, something you're going to face, fight. What you need to protect yourself from. Taught that you can not trust yourself.

Undermine lies we can hear:

* You can’t trust yourself
* You’re fighting against yourself

Very fear based, watch out this is coming for you to take you out and destroy and kill you. Trap you in a life of sin, 12 about to hit puberty. You're going to want to hump anything, door knobs. It’s coming you better be prepared. Go through this structure, fight with it for a long time.

# That is overwhelming and scary!

Like a raging sex monster, all I want it sex. Yeah? There is this thing in you and you can’t control it, protect yourself from it.

I don't know what to do. You're not a raging sex monster! We’re told all the time that our driving force is sex. Women comforter, emotional. Man, you're physical, sex drive all that stuff. Embedded into our identity that all we want is sex, the driving force is down here not up here.

Told in media, church and everywhere. That is crap!

Don’t tell me that, that is not who I am. I am not a raging sex monster! That is not all I care about, not my source of action! Not something I need to fight, but God made and God ordained. I don’t fight this thing, I work with it.

You’re not a raging sex monster. You have self-control. You are more than your sex drive.

# Temptations

1 Corinthians 10:13 (ESV) No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

When you get tempted, you’re not in a trap! There is always another option! The Lord provides it!

# Crucified

Galatians 5:24 (ESV) And those who belong to Christ Jesus have crucified the flesh with its passions and desires.

Crucified with Christ

John 16:33 (ESV) I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world.”

# Self-Control

2 Timothy 1:7 (ESV) for God gave us a spirit not of fear but of power and love and self-control.

God has given you a spirit of self-control. Called the Holy Spirit, it is the most powerful thing inside of you and you have complete control about yourself. You were never a victim unless you make yourself one. You're not a victim to your sex drive. You have self-control! You have it. Complete authority and ownership of yourself!

# I am in control!

There was this lie that I will always fight my sex drive. That is a lie! I want to tell you that you have self-control. That your sex drive is for you, not against you and made for a purpose!

If you feel trapped and without an escape because of your sex drive and nothing. If you feel like this is something you're always going to fight. Out of my control and feel like not having anything.

# More complicated than I think

I am not an on-off switch, not only sex and food. You are way more complicated than you think! Way more layered, textured and emotional. Explore yourself in the world. Big needs, emotions. That is okay.

Man are more complicated than you think, women more simple than you think. Not confusing puzzles, but more clear than you think.

Women’s hormone equations, a sex mathematician. Women have a cycle every 29 days, man every 1 or 2 hours. You're more complicated than you think!

Paul is a man’s man writing love letters full of tears and emotion.